



# SCHOOL-AGE CHILD CARE\*

## FOR ESSENTIAL WORKERS

As defined here: <https://covid19.ca.gov/img/EssentialCriticalInfrastructureWorkers.pdf>

**Monday - Friday | 7am - 6pm | 4.9 - 12 years of age**

**Your child's health is the most important to us! Therefore, we will follow all social distancing & health precautions laid out by CCLD, local health agencies & authorities. As well as:**

- ☐ Maintain small group sizes (less than 10)
- ☐ Teach, model, & reinforce proper social distancing, handwashing, & healthy habits
- ☐ Screen daily for symptoms & fevers of all children & staff
- ☐ Clean & sanitize all surfaces & toys before/after each use

**For all the ways we're keeping everyone healthy, please refer the attached document "Keeping Everyone Healthy Upon Reopening".**

**Quality child care plus support with the following:**

- ☐ IUSD Distance Learning  
(please refer to daily schedule provided by your Site Director for more details)
- ☐ Academic Enrichment:
  - Math, STEAM, Language Arts, Culture, Community, & More
- ☐ Music, Movement & Outdoor Activities

**If you are not a current Rainbow Rising family, visit our website, [www.RainbowRising.org](http://www.RainbowRising.org), to learn more about us and for location information.**

**For more information about care and to register, please visit our registration module on [1Core](#).**

\*Child must live in Irvine and/or be a student of Irvine Unified School District

# Keeping Everyone Healthy Upon Reopening

For specific ways you can help at home, please read below and refer to the items in **bold**



## Social & Physical Distancing

- Maintain groups of 10 or less, even smaller when possible
- Keep the same staff with same group of children throughout the week
  - Children from same family will stay together
- Rearrange furniture and play spaces to maintain 6-foot distance
  - Using tape or other visual markers to help children see how to keep distance
- **Model/role play social distancing for children**

## Healthy Habits

### Screen for symptoms & temperatures:

- **Encourage staff, families, and children to self-screen at home by checking for fevers and symptoms before coming in**
  - **Anyone with a fever of 100.4°F or higher, may not come to facility**
- Temperatures will also be taken upon arrival to facility with a no-touch thermometer
  - Anyone with a fever of 100.4°F or higher may not stay at facility and must be sent home immediately

### Handwashing:

- Model & practice proper 20-second handwashing
- Ensure all children and staff wash hands: before & after eating, after coughing or sneezing, after playing outside, after using the restroom
  - Be sure to dry hands thoroughly with paper towels

### Other:

- Staff will be required to face masks while on site
- Children are not required to wear masks at this time

## Setting Environments Up For Success

### Play Times:

- We will choose toys and manipulatives that can be submerged in solution and sanitized
  - Limit amount of sharing by offering more opportunities for individual/solo play
  - No soft or plush toys/materials (stuffed animals, blankets, pillows, etc.)
- Plan activities that do not require close physical contact
- Stagger indoor/outdoor play & adjust schedules to reduce the number of children in same areas
- Designate a tub for toys that need to be cleaned/wiped after use

### Meal Times:

- Use more tables & spread children out to ensure adequate spacing
- **Utilize IUSD Nutrition Services for lunches**
- **Lunch items from home must be disposable (items will be disposed of after eating)**
- Use disposable items when possible
- Immediately clean tables after meals
- Avoid family or cafeteria style set-up
- We will provide water bottles daily

### Cleaning:

- Sanitize handles/sinks before and after each use including in restrooms
- Clean toys and surfaces often and/or after use
  - High-touch areas will be also be cleaned and sanitized every hour

## Other

- **Teach, model and reinforce healthy habits**
- **Teach children to sneeze/cough into elbow and use tissue to wipe their nose**
- All windows and/or doors will be open during operating hours for maximum ventilation throughout site
- **For drop-off and pick-up, please remain in your car and call the center to inform staff of your arrival. A designated staff will accompany your child to/from center and sign them in/out manually.**
- **Teach children to use a tissue on handle when flushing toilet**
- **Eliminate unnecessary personal items brought from home**
- Items from the center will not be sent home